

Children's Homes - Meal Times worksheet

Children in the homes were expected to do daily chores, which might involve helping to prepare meals. There was plenty to eat but there certainly wasn't the variety of foods that we have today.

1. Look at the photograph of the boys peeling potatoes. How often do you peel potatoes in your house? Does anyone else do it?
2. Read the extract about a Christmas dinner in one of the homes. In what ways is it different from your usual Christmas dinner?
3. Look at the extract describing the daily diet. In what ways can it be said to be a healthy diet? Do you think they had a healthier diet than most children today?

No Burger King

No McDonald's

No Coca Cola

No Pizzas

No Baked Beans

No Mayo